

Dear Parents,

The New Jersey Department of Education has changed the process and required forms for athletic physicals effective July 1, 2024.

The pre-participation physical exam, also known as the sports physical must be conducted by an HCP who is a licensed physician, advanced practice nurse or physician assistant and completed the student athlete cardiac assessment professional development module developed by the NJDOE.

The completed history and physical exam form should be maintained by the HCP completing the physical exam. It does not need to be shared with the school. The **medical eligibility form** is the only documentation required to be submitted to the school. Here is a link for the medical eligibility form should you want to print one to take to your health care provider. <https://www.nj.gov/education/safety/health/athlete/docs/PPEMedicalEligibilityForm.pdf>

Should you want to make copies for yourself of all necessary forms you do so by going to the NJDOE website and downloading them. Health care providers are supposed to have all necessary forms on site.

Below are some Q & A's to help you:

- How often does a student-athlete have to get a new physical?
All athletes are required to have a current physical every 365 days.
- If my child has a current physical, do I have to schedule a new physical now or have a HCP complete the new form now?
No, Current physicals are good until the date of the current physical expires. The new procedures and forms mentioned earlier will be completed for new physicals conducted after July 1, 2024 only. This is for all student-athletes.
- When must a student-athlete complete a Sports Recertification Form?
If your child has a current physical in the past 365 days you must only complete the Sports Recertification Form before starting practices for a new athletic season.
- Can the PPE Form be modified?
No, The PPE Form and the Medical Eligibility Form cannot be modified or changed in any manner.

Should you have any questions please email Tom Moriau, Director of Athletics at tmoriau@stjoeschooltr.org.